

Facilities in Campus

- Travel desk
- Open Garden
- First Aid Kit Available
- Lakeside Dinning
- Laundry
- Internet – Wi-Fi
- Bicycle Rental
- Lakeside Cafe
- Ayurvedic Spa
- Lake Boating
- Doctors On Emergency

What is Included in the Program?

- Non Ac Accommodations shared or single cottages
- 3 Vegetarian & Yogic meals in a Day
- 4 times Different type of Herbal Teas
- Free wireless Internet
- Mindful Fun of Games
- One Special event from Local Community
- Free Ayurveda Consultation
- 30mint Ayurvedic Foot or Hand or Head Massage.

Listing details

200 Hrs Yoga

& Ayurveda Teacher Training Course
26 Days Program in English
Place: VARKALA(Para voor), Kerala, India
Residential
Price Includes Accommodati on & Food
Style : Hatha & Ashtanga Yoga
To whom: Beginners & Intermediate
Date : Starts Every Month on 7 th

Regarding Yoga Alliance Certificate

Our Yoga school is a 85/200/300/500-hour registered school with Yoga Alliance. After completing this course you will receive a 85 or 200 or 300 Hour Yoga Teacher Training

Certificate and become qualified to teach anywhere in the world. You can also register with Yoga Alliance as a RYT Registered Yoga Teacher or RPYS.

Safety and Hygiene

1. Healthy Drinks and Food are always emphasized to boost Immunity
2. All staff are fully vaccinated
3. Staff follow all safety protocols as directed by the local government
4. Hand sanitizer available in key areas
5. Linens, towels and laundry washed in line with local authority guidelines.
6. Student accommodation is disinfected between stays
7. Equipment for activities is disinfected before and/or after use.
8. Time to time Students and staff health will be checked

Excursions during the Course

- Visit of Kapil Beach For Sunset Yoga

- Nearby Ashram/Temple Visit
- Visit to Varkala Beach & for Shopping